



Nexus History & Structure

Nexus Consulting Services Pty Ltd was founded by Dr Lanning Sowden and Dr Susette Sowden in 1992. The business began with one office in Wodonga (a city in regional Victoria, Australia) and then rapidly expanded to offices in Albury, NSW, Australia, and Wangaratta (Wangaratta Private Hospital, Victoria, Australia). Our offices are thus centrally located between Melbourne, Canberra, and Sydney giving Nexus ready access to these major centres and allowing us to easily follow-up on our Internet based services and products. Nexus over the years has achieved continuous growth and penetration of its target market with clients from throughout Australia and New Zealand, and also Singapore, Indonesia, and Thailand. It is now the largest psychology based practice in northern Victoria and southern NSW and one of the largest businesses of its type in Australia.

Nexus has adopted the business structure of a privately owned company with equity remaining in the hands of the original owners and founders. This has allowed the business to retain a certain "intimacy" with its clients and for it to have consistent direction and the focus typical of a quality boutique firm. Nonetheless, the values that underlie our culture dictate a "democratic" and inclusive style of management, and has allowed us to form mutually beneficial partnerships and alliances with organisations in Australia, the UK and the USA. We also have a network of associates throughout Australia for the provision of psychological services.

Nexus has positioned itself as a provider to individuals and organisations who are seeking high quality, innovative, and relevant products and services delivered by professionals in a timely manner for the purposes of sustainable development.

At its inception Nexus tended to focus on the provision of psychological services, but more recently the business has established two divisions in order to better reflect its diversification. One division is under the management of Dr Lanning Sowden and the other is under the management of Dr Susette Sowden.



Dr Susette Sowden operates Dr Susette Sowden Pty Ltd which has a focus on the provision of psychological services. This organisation provides counselling and therapy over a wide range of issues including depression, anxiety, personality disorders, eating disorders, sleep disorders, and pain. It is also expert in conducting psychological assessments including clinical assessments, intellectual assessments, and educational assessments. A variety of quality reports are available including clinical, forensic, and educational reports. Within Dr Susette Sowden Pty Ltd is the Educational, Psychological, and Vocational Assessment Centre (EP-VAC) which was opened by The Hon Tim Fisher MP (formerly Deputy Prime Minister of Australia) in June 2001. EP-VAC is a flourishing specialist provider of psychological assessments particularly those relating to intellectual ability and learning disability.



Dr Lanning Sowden operates Nexus Consulting which has a focus on Human Resource Management, Human Resource Development, and Psychology in an organisational context. Nexus Consulting offers several online services including HRD Online, Psych Testing Online, Climate Surveys Online, and elearning delivery and management software (Intralearn). It also has recognised expertise in Management Coaching, Career Exploration and Development, Team Development, Performance Coaching, and individual and group training in areas such as Emotional Intelligence, Leadership, and Communication Skills.